13 Jan 2022, Univ. Tokyo

Hormones and Behavior

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No COI to disclose

What are "hormones"?

- Hormones are secreted by endocrine glands into the circulatory system. They are carried by circulation and bind the specific receptors in target organs to initiate a cellular response.
- Hormone receptors are on either cell surface or intracellular.
- Cell surface receptors for amine or peptides. Intracellular Receptor for steroids and thyroid hormones.

Three classes of hormones based on their chemical nature:

(1) amines; (2) peptides; (3) steroids



In this lecture:

(1) we learn GnRH decapeptide, secreted by hypothamamic neurosecretory neurons, carried to anterior pituitary via pituitary portal circulation.

(2) Actions of estrogen and other steroid hormones on the morphogenesis of the brain, generation of male-female difference.

(3) Neurophysiology of GnRH neurons (patchclamp studies).

(4) Patch-clamp analysis of neural actions of estrogen.

(5) Role of oxytocin (a nanopeptide) on dogowner bond and social attachment and trust. Synthesis of ovarian, testicular, and adrenal steroid hormones





GnRH neurons ...Reproductive neuroendocrinology ΕRα-positive neurons ...Sex difference

Estrogen production in ovary

- Negative (-) feedback throughout ovarian cycle
- Positive (+) feedback at the time of ovulation
 - No (+) feedback in males

Organizational & Activational Actions of Gonadal Steroids

Organizational Actions

- Effective only during the <u>critical period</u> in the ontogeny
- <u>Irreversible</u> In rodents, masculinizes the brain both morphologically & functionally

Activational Actions

- Depends on the circulating titer of steroids after puberty
- Reproductive endocrinology & behavior



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Hormones and Behavior

The Official Journal of the Society for Behavioral Neuroendocrinology

Special Issue on the 50th Anniversary of the Publication of Phoenix, Goy, Gerall and Young 1959: Organizational Effects of Hormones

Guest Editor Kim Wallen, Ph.D.

Phoenip

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Phoenix CH, Goy RW, Gerall AA, Young WC: Organizing action of prenatally administered testosterone propionate on the tissues mediating mating behavior in the female guinea pig. Endocrinology 65: 369-382, Sept 1959

Organizational effects of sex steroids

Available online at www.sciencedirect.com

ScienceDirect

Activational effects of sex steroids

Kawakami M, Sawyer CH: Induction of behavioral and electroencephalographic changes in the rabbit by hormone administration or brain stimulation. *Endocrinology* **65**: 631-643, October 1959

Organizational Actions of Sex Steroids



Feminine Behavior (Proceptivity, Receptivity)

Organizational & Activational Actions of Gonadal Steroids

Organizational Actions

- Effective only during the critical period in the ontogeny
- Irreversible

In rodents, masculinizes the brain both morphologically & functionally

Activational Actions

- Depends on the circulating titer of steroids after puberty
- Reproductive endocrinology & behavior

Masculinization of rodent brain via estrogen receptor α

Aromatase Hypothesis



Lordosis Reflex: A major estrogen-dependent component of female rat sexual behavior



Lordosis reflex: frequency or strength of arching

- Lordosis quotient (LQ) = lordosis/mount (%)
- Lordosis score (LS) = 1-3



Facilitation of the lordosis reflex of female rats from the ventromedial nucleus of the hypothalamus





Day 4

3.0

Day 3

Day 5

J Physiol (Lond), 1979

Facilitation of the lordosis reflex of female rats from mesensephalic central gray



Neurophysiology of estrogen-sensitive neurons

Estrogen sensitivity as detected by:

antidromic activation
threshold
refractory period

Antidromic excitation of neurons



Threshold for antidromic activation of ventromedial hypothalamic neurons by stimulation of midbrain central gray: decrease by estrogen



J Physiol (Lond), 1984

Regulation of Lordosis by Local Neurons in the Preoptic Area

(1) "Anterior Roof Cut"

mPOA

+ Electrical stimulation of local neurons

ST (Lordosis ↑)

LS (Lordosis \downarrow)

Regulation of Lordosis by Fibers of Passage in the Preoptic Area

LS (Lordosis \checkmark) ST (Lordosis ↑) **mPOA** (2) Ibotenic acid lesion + Electrical stimulation of fibers of passage

Selective disruption of fibers-of-passage in the preoptic area



Physiol Behav, 1993



Threshold for antidromic activation of preoptic neurons by stimulation of ventral tegmental area: increase by estrogen



Excitotoxic Lesion of the POA Enhances Lordosis and Diminishes Proceptivity

Nissl Stain



Behav Brain Res, 1994

Inhibited by Estrogen:

Preoptic Area (POA)

Ventral Tegmental Area (VTA)

Dorsolateral Medulla

NGc

Motoneurons



Activated by Estrogen:

Ventromedial Hypothalamic Nucleus (VMN)

Midbrain Central Gray (CG)

Medullospinal Projecrtion Neurons (NGc)

Lumbar Spinal Motoneurons

Cell physiology deploying GT1-7 cells

Patch-clamp studies

GT1-7 cells

- An immortalized GnRH neuronal cell line generated by genetically targeted tumorigenesis in transgenic mice (Mellon *et al.*, 1990; Weiner *et al.*, 1992)
- Secrete GnRH in pulsatile manner (Wetsel *et al.*, 1992)
- Generate action potentials, show oscillations of intracellular Ca²⁺ concentrations (Charles and Hales, 1995)
- Express chloride-accumulating co-transporter NKCC-1 and are excited by GABA (DeFazio *et al.*, 2002)
- Caveat: Anaplastic or dedifferentiated

NKCC1 expression is high, while KCC2 expression is low in GT1-7 cells as in adult rat GnRH neurons



K⁺ channel



Properties of Ca²⁺-activated K⁺ channels

Property	Channel type	
	BK channel	SK channel
Single-channel conductance (pS)	100-400	5-20
Voltage sensitivity	Yes	No
Ca ²⁺ sensitivity	Low (1-10 µM)	High (100-400 nM)
Proposed role	Action-potential repolarization	After- hyperpolarization (AHP)
Blockers	TEA (<1 mM) Charibdotoxin	TEA (>20 mM) Apamin d-Tubocurarine

Ni²⁺-, Cd²⁺-sensitive BK and -resistant delayed rectifier K⁺ (I_{K})



Nishimura et al., Endocrinology 149:774, 2008

E2 augments Ni²⁺-, Cd²⁺-sensitive BK currents BK currents obtained by subtracting I_K from total K⁺ currents



Blockade of BK by Charybdotoxin (ChTX)





In GT1-7 cells, ER β -, but not ER α -, selective agonist Augments BK currents





0

V_m (mV)

-20

-40

+20

+40

0

-60

**

+60

BK channel α and $\beta1\text{-}4$ subunit mRNA in the GT1-7 cells

β3 GAPDH β1 β2 β4 α ______ M^{+} 11 -

GT1-7 cells

Mouse Hypothalamus

Mouse Testis

Nishimura et al., Endocrinology 149:774, 2008

In GT1-7 cells:

- Estradiol at physiological dosages augments BK currents
- Estrogen-receptor blocker ICI-182,780 (fulvestrant) antagonizes the effect
- Augmented BK diminishes neuronal excitability
Sex Differences in Brain Morphology

Two distinct examples:

- Sexually Dimorphic Nucleus of the Preoptic Area (SDN-POA)
 内側視索前野の性的二型核
- Anteroventral Periventricular Nucleus (AVPV) 前腹側室周囲核

Sex Difference in Brain Morphology

BRAIN REGION	SEX DIFFERENCES	COMMENTS
HYPOTHALAMUS		Strongest data on sex differences in humans come from this region
Sexually Dimorphic Nucleus (SDN-POA)	5 times larger in male rats than in female rats	Can be reversed by perinatal hormonal manipulation
Other Interstitial Nuclei (INAH)	INAH3 is larger in man	May correspond to SDN-POA
Anteroventral Periventral Nucleus (AVPV)	Larger (more compact) in female rats than in male rats. Also in mice	Can be reversed by perinatal hormonal manipulation <u>Bax gene deletion has no effects</u>
Bed Nucleus of the Stria Terminalis (BNST)	Larger in males in rats/ mice	Bax gene deletion enlarges female mouse BNST (Forger, 2004)
THALAMUS Massa Intermedia	More often absent in men than in women	Difficult to quantify differences
CORPUS CALLOSUM	Splenium: More bulbous in women; Isthmus: Larger in women. CC shrinks with age in men – but not in women	Conflicting data
ANTERIOR COMMISSURE	Larger in women	Little data
HIPPOCAMPUS	11% larger in polygynous male voles – no larger in monogamous male voles	Spine density increase (male) or decrease (female) in response to acute stress (Shors, 2004)
AMYGDALA	Posterodorsal nucleus of the medial amygdala in the rat (cell size, male>female)	Depend on DHT & estrogen in adults (Cooke, 2003)
Modified from the Table "Vive la Différence" in Science 253: 959, 1991		

Sexually Dimorphic Nucleus of the Rat Preoptic Area (SDN-POA)



Gorski RA et al., 1978

The SDN-POA has been identified in the rat, hamster, ferret, guinea pig, sheep, monkey and human. And now, in the mouse

Function: inhibition of female sexual behavior?



In defense of rams who love rams-and the scientists who are studying them

By JOHN CLOUD

POOLOGISTS HAVE KNOWN FOR MANY years that homosexuality isn't uncommon among animals. (My own cat has raised suspicions ever since he tried to mount a cowering male dachshund.) But I was surprised to learn recently that male sheep exhibit homosexuality at least as often as humans: roughly 8% of rams turn out to have sex exclusively with other rams.

This little piece of faunal ephemera might otherwise have gone unnoticed outside the rarely intersecting subcultures of gays and shepherds. But a few months ago, People for the Ethical Treatment of Animals launched a p.r. campaign on behalf of gay sheep. PETA claims that researchers in Oregon are killing gay sheep and cutting open their brains in order to learn how to turn gay rams straight. A few weeks ago, London's Sunday Times picked up the story in an unnerving article that states the research "raises the prospect that pregnant women could one day be offered a treatment to reduce or eliminate the chance that their offspring will be homosexual." The story has pinged around quite a few blogs since, and Rush Limbaugh and Martina Navratilova have taken their predicted positions. (Limbaugh: gay activists finally have a reason to oppose abortion. Navratilova: homophobes are murdering gay sheep.)

It's a pity that a story with so much potential for moral indignation and bad sheep puns (ewegenics!) turns out to be wrong. To be sure, a group of researchers led by physiologist Charles Roselli of Oregon Health & Science University has killed about 55 sheep, homosexual and heterosexual, in order to study the neurological basis of sexual attraction. They have confirmed that test sheep are gay by allowing them to pick among males and females that have been restrained in stanchions to await sexual intercourse.

But Roselli says he and his colleagues never had any intention of creating a drug that will turn people straight. And while they have examined whether sheep sexuality can be altered with various treatments, that's not the ultimate point of their work. Instead, like many other scientists over the past two decades, they are conducting basic research into the nature of sexuality by manipulating hormones in animals. (Such experiments were done on zebra finches-to see if females would pair with other females-as long ago as 1988.) A colleague of Roselli's, Fredrick Stormshak of Oregon State, says a means of identifying gay sheep would be useful to breeders who need to ensure that males will reproduce, but the team hasn't had much success. In its most recent experiments, the group used drugs to block the action of a hormone thought to play a role in making most sheep straight (in other words, this test was designed to produce more homosexual sex. not less). But the results were inconclusive.

The Oregon group's work has shown, however, that gay rams have different brain structures from heterosexual ones, news that should cheer those who see homosexuality and heterosexuality as mere biological variations. (Another small but fascinating finding: all gay rams are butch-none present themselves sexually the way ewes do.) As Roselli acknowledges in his papers, sexuality in humans is far more complex than in sheep. The whole notion that researchers studying farm animals could develop a "cure" for human homosexuality is a fantasy of the far left and the far right, which both value a gay-sheep "scandal" more than the messy reality that is Roselli's work.

But one could have a good argument about whether adorable little sheep should be killed for sex research. As a gay man, I tend to believe the more we know about the complex interplay of biology and environment that shapes sexuality, the less time we will spend nourishing Old Testament anachronisms about sex.

The more pressing question for me is, What would happen if research like Roselli's did lead to, as the Sunday Times imagined, "a 'straightening' procedure [such as] a hormone supplement for mothers-to-be, worn like a nicotine patch"? I hope scientists have better things to do, but would a Hetero Patch be so awful? It would allow bigoted women to get what they want-straight kids-and ensure that gay kids grow up with moms who, at the very least, didn't try to prevent their existence. Gay people seem to fear we would die out if such a device existed. But the elaborate combination of genes, hormones and psychology that produces samesex attraction has persisted, against all odds, through the millenniums. Gavs have survived Darwinian selection, Nazis, the dulling effects of Will & Grace. I don't think a little patch would ever keep some rams from wanting other rams.

Roselli CE, Larkin K, Schrunk JM, Stormshak F: Sexual partner preference, hypothalamic morphology and aromatase in rams. *Physiol Behav* 2004 Nov 15; **83**(2): 233-45.

The ovine SDN (oSDN) is larger in female-oriented rams than in male-oriented rams and similar in size in male-oriented rams and ewes. oSDN aromatase mRNA levels were higher in males than in females and were higher in femaleoriented rams than in maleoriented rams.



Odor preference

Odor-Preference in Male Rats



Mouse Homolog of Rat SDN-POA

The importance of understanding the structure and expression of the MPO in the mice is imperative, because homologous recombination is routinely undertaken in mice to produce knockout animals

Calbindin D28k-ir visualized the SDN-POA in C57/BL6J Mice



Mouse SDN-POA C57BL/GJ



Mouse SDN-POAC57BL/6JddN



The SDN-POA in C57/BL6J mice

- A. Neonatal testosterone masculinizes the SDN-POA
- B. Estradiol, but not DHT masculinizes the SDN-POA



C. Endocrine manipulations as adults are ineffective



As in the rat, estrogen or aromatizable androgen masculinizes the mouse SDN-POA

Morphological sex difference

- Apoptosis?
- Migration?
- Neurogenesis?

Calbindin D28k as a marker protein of the Rat SDN-POA

Day 1



Orikasa et al, Endocrinology 148: 1144, 2007

Day 65

Morphological sex difference

• Apoptosis is unlikely

Somatostatin mRNA Expression in the SDN-POA



Developmental Changes of Male and Female Somatostatin mRNA Expression in the SDN-POA (x10⁴ µm²)



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Orikasa et al, Endocrinology 148: 1144, 2007

Tissue-specific promoter usage



Ishii et al., Steroid Biochem Mol Biol 118: 59-69, 2010

Visualization of the SDN-POA in $\text{ER}\alpha$ Promoter Transgenic Rat

Location: Rat chromosome 1, 1p11



Ishii H, Kobayashi M, Sakuma Y, J Steroid Biochem Mol Biol 118(1/2): 59-69, January 2010



Double Labels: irERα & EGFP



Hamada et al., Mol Brain Res, 2005

EGFP fluorescence (A) and ER α immunoreactivity (B) in the SDN-POA of the ER α -gene promoter 0/B transgenic rat (day 21, male)



Hamada & Sakuma, Endocrinology 151(4): 1923-1928, April 2010

Sexually Dimorphic Nucleus of the Rat Preoptic Area (SDN-POA)



Hamada & Sakuma, *Endocrinology* 151(4): 1923-1928, April 2010

Migration of 0/B-SDN cells in slice culture









Slice culture: E18 (DIV 1) Fixation: DIV 20

0206F3

Effects of estradiol treatment on the O/B SDN-POA



Hamada & Sakuma, *Endocrinology* 151(4): 1923-1928, April 2010

BrdU on P1-10 do not label calbindin expressing cells in the SDN-POA in 14/15-day old rats



Green, calbindin; Red, Brdu

BrdU on ED 14 ED 16 ED 18 PD15



Orikasa C et al, Neurosci Res (2010), doi:10.1016/j.neures.2010.05.008

Morphological sex difference

• No neurogenesis at the time of the establishment of Rat SDN-POA Estrogen-induced neuronal migration establishes the SDN-POA

Another evidence for migration: The anteroventral periventricular nucleus (室周囲核, AVPV)











A Model of the Estrogen Signaling Involving PKC δ in POA of Newborn Rats



- 内側視索前野の性的二型核
- 前室周囲核

性差は主に細胞移動の結果
Gonadotropin-releasing hormone

Rat gonadotropin-releasing hormone neurons tagged with EGFP



Fig. 7. Cy3-labeled GnRH molecular variants in perikarya and fibers (red) in the septopreoptic continuum in GnRH1-EGFP rat. *A*, Cy3-labeled GnRH2 cell (red) next to a GnRH1-EGFP positive cell (green). Cy3-labeled GnRH3 (*B*) and Cy3-labeled GnRH2 (*C*) fibers (red) in close apposition to GnRH1-EGFP cells. *D*, Cy3-labeled lamprey-III GnRH fibers in close contact with GnRH1-EGFP positive fibers. Scale bars, 50 µm



Rat gonadotropin-releasing hormone neurons tagged with EGFP



Kato *et al.*, *Endocrinology* **144**: 5118, 2003

Na⁺, K⁺, Ca²⁺ channels in GnRH neurons

Voltage-gated Ca²⁺ channels

L, N, P/Q, R, T- channels

- Ca²⁺/Voltage-dependent K⁺ channels
 KCMM, BK currents determine neuronal excitability
- Ca²⁺-activated K⁺ channels

KCMN, SK currents sustain neuronal bursts

In neonate GnRH neurons, high voltage activated Ca²⁺ currents were observed, while low voltage activated currents were negligible.



A: Cells were clamped at -80 mV in the presence of 0.3 mM TTX in the extracellular fluid, and given 100-ms voltage pulses from -40 mV to 60 mV at 10-mV steps

Kato, M. et al. Endocrinology 2003;144:5118-5125

Calcium currents in rat GnRH neurons tagged with EGFP



Kato, M. et al. Endocrinology 2003;144:5118-5125

In pubertal GnRH neurons, both high and low voltage activated Ca²⁺ currents were observed.



Kato, M. et al. Endocrinology 2003;144:5118-5125

- GnRH neurons express functional L-, N-, P/Q-, R- and T-type channels.
- Expressions of P/Q- and T-type channels were developmentally regulated.

K⁺ channel



Properties of Ca²⁺-activated K⁺ channels

Droporty	Channel type	
Property	BK channel	SK channel
Single-channel conductance (pS)	100-400	5-20
Voltage sensitivity	Yes	No
Ca ²⁺ sensitivity	Low (1-10 µM)	High (100-400 nM)
Proposed role	Action-potential repolarization	After- hyperpolarization (AHP)
Blockers	TEA (<1 mM) Charibdotoxin	TEA (>20 mM) Apamin d-Tubocurarine

BK currents:

isolated by subtracting the DRK current in the presence of Ni²⁺ and Cd²⁺ from the control



The BK currents in GnRH neurons showed low sensitivity to charybdotoxin (ChTX)

BK current affects action-potential repolarization

Effects of ChTX and Ni²⁺ and Cd²⁺ on the duration of action potentials



ChTX (1 μ M) lengthened the duration of action potentials elicited by a 1 ms current pulse in the current-clamp mode. Ni2+ (200 μ M) and Cd2+ (500 μ M) further lengthened the duration.

Hiraizumi, Y. et al. J Physiol Sci 2008; 144:21-29

SK: Apamin-sensitive Ca²⁺-activated K⁺ currents



Kato et al., J Physiol (Lond) 574:431, 2006

Apamin-sensitive Ca²⁺-activated K⁺ currents

SK currents: Apamin-sensitive slow I_{AHP}



Kato et al., J Physiol (Lond) 574:431, 2006

- Rat GnRH neurons exhibit voltage- and Ca²⁺activated K⁺ currents (BK currents).
- The BK channels define cell excitability by modulating the duration of action potentials and the fast afterhyperpolarization.
- Afterhyperpolarization in rat GnRH neurons depends on apamin-sensitive slow current (SK currents) which may allow continuous firing in response to depolarizing inputs.

Dendrite	i, R-,T-, L-, N-, P/Q-Ca ²⁺ channels ii, Na ⁺ channels iii, SK and BK channels iv, Delayed rectifier K ⁺ channels v, A channels ?	Function of ion channels Cellular calcium homeostasis (i) Cell excitability (i-v) Dendritic spike (conduction) (i,ii)
Somata	vi, L-, N-, P/Q-, R-, T-Ca ²⁺ channels vii, Na+ channels viii, SK and BK channels ix, Delayed rectifier K+ channels	Cellular calcium homeostasis (vi) Cell excitability (vi-ix) Soma spike (vi, vii)
Axon	Na+ and delayed rectifier K ⁺ channels	Action potentials (conduction)
	Ca ²⁺ channels (L-, N-, P/Q-, R-?)	Release of GnRH at the terminal

Kato, J Neuroendocrinol 2009

GABA_AR in GnRH neurons

Reversal Potentials of GABA_AR Currents



Yin *et al., J Neuroendocrinol* **20**:566, 2008

NKCC1 expression is high, while KCC2 expression is low in adult rat GnRH neurons



GABA Depolarizes Adult GnRH1 Neurons



Yin *et al., J Neuroendocrinol* **20**:566, 2008

Effects of GABA on [Ca²⁺]_i in Rat GnRH Neurons



Watanabe M et al., Biol Reprod 81: 327, 2009

GABA_AR subunits in Rat GnRH neurons



Yin C, Ishii H, Tanaka N, Sakuma Y, Kato M. J Neuroendocrinol 20: 566-575, 2008

Hormones and Social Behavior Mother-infant bonding

Oxytocin promotes social interactions: trust

Overlap between activity of maternal love and romantic love



Regions displayed for romantic love (red) also reached significance when only female or only male subjects were included. Ventral anterior cingulate cortex (aCv) activation with maternal love overlapped only in females.

Bartels & Zeki, 2004

Deactivated regions with maternal and romantic love

"deactivating networks used for critical social assessment and negative emotions"



A, amygdala; pc, posterior cingulate; mp, mesial prefrontal/paracingulate gyrus; mt, middle temporal cortex; op, occipitoparietal junction; tp, temporal pole

Bartels & Zeki, 2004



Oxytocin facilitates social connections between humans and dogs

NAGASAWA, M., MITSUI, S., EN, S., OHTANI, N., OHTA, M., SAKUMA, Y., ONAKA, T., MOGI, K. & KIKUSUI, T. 2015. Social evolution. Oxytocin-gaze positive loop and the coevolution of human-dog bonds. *Science*, 348, 333-6.dx.doi.org/10.1126/science.1261022



Nurturing behavior






















Motherhood; reflex ovulation; attachment; Trust…





"Rough and Tumble Play" Day 22







Oxytocin Receptor Expression in Mouse Brain



妊娠で変化する脳





大きくなるニューロン 未婚のラットの内側視索前野にあるニューロンの細胞体(左)は妊娠ラットのもの(右)よりかなり小さい。妊娠ホルモンは出産後に母性が必要となる前にあらかじめ内側視索前野のニューロンを活性化させるため、タンパク質の合成と活性が促進される。

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